



Relay For Life Guidelines

- The American Cancer Society requires one chaperone over the age of 25 for every five youth team members. For this event, a youth is considered anyone in elementary, middle or high school.
- Each individual must sign a waiver in order to participate in the event. Individuals under 18 years of age must have a waiver signed by a parent.
- Tents only, use wood or plastic stakes – No metal stakes.
- No bikes, roller blades or skateboards.
- Wheelchairs and strollers are allowed on track.
- No Pets!
- All teams must mark their tents with the name of their team so officials can locate people.
- No tobacco or smoking is allowed on school grounds.
- No alcohol is allowed at the event. Alcohol will not be tolerated and individuals will be asked to leave.
- No open fires, grills or lanterns at sites.
- Bring only battery flashlights or lamps.
- Please remove all items you bring to the event (such as tent decorations, trash, bottles, boxes, etc.)
- No sitting on track during event.
- Relay clean up is carry in/carry out – please remember to bring trash bags.

Have lots of fun!

Please visit our Relay For Life website at <http://www.southportlandrelay.org>